

Casa Mia Café

Island Fresh Breakfast

Casa Mia Hash

PEI potato hash with caramelized onions and maple syrup pan tossed in butter, two eggs sunny side up and grilled Island sausage. 11.99

House Buttermilk Pancakes

Served with strawberries, whipped cream, grilled Island sausage and pancake syrup. 9.99

or

Fried banana, whipped cream, bacon and pancake syrup. 10.99

Stuffed French Toast

Stuffed with maple cream cheese, topped with our fruit compote and grilled Island sausage. 9.99

or

Stuffed with maple cream cheese, topped with fried banana, maple syrup, whipped cream and bacon. 10.99

Casa Mia Melt

Grilled Black Forest ham, two strips of bacon on the side, oven-melted provolone cheese and a fried egg with our herb aioli on a freshly-baked croissant. Served with our famous potato hash. 10.99

Vegetarian Omelette

With three eggs, tomatoes, spinach, mushrooms, aged cheddar served with potato hash and three slices of grilled tomato. 11.99

Casa Mia Eggs Benny

Grilled Black Forest ham, spinach, three eggs on a toasted whole wheat baguette with freshly made Hollandaise and our very own potato hash. 12.99
Add smoked salmon 3.99

Island Country Breakfast

Three eggs any style with grilled Island sausage, smoked bacon, pan-tossed hash with caramelized onions. Sure to satisfy any appetite. 12.99

Farmers' Market Omelette

With three eggs, grilled peppers, mushrooms, onions, tomatoes, spinach, ham and aged cheddar served with smoked bacon and potato hash. 12.99

Green Eggs & Ham Omelette

Three eggs, spinach, green onions, green peppers and Black Forest ham with aged cheddar cheese and chimichurri pesto. Served with potato hash. 11.99

Bacon & Cheddar Omelette

Smoked bacon and aged cheddar make for the perfect breakfast! Served with potato hash and grilled Island sausage. 11.99

Potato Breakfast Cakes

Three crispy potato cakes with Black Forest ham, cheddar cheese and green onions topped with Hollandaise sauce and side salad. 10.99

Eggs Any Style

Two eggs any style served with bacon or grilled Island sausage 6.99, one egg 5.99, three eggs 7.99

Belgium Waffle

Belgium waffle with our blueberry and strawberry fruit coulis, fresh whipped cream and grilled Island sausage. 10.99

Granola

House-made cranberry-almond and toasted coconut granola with vanilla yogurt and seasonal fruit. 7.99

Mornings

Assorted Muffins

Morning Glory, Banana, Lemon Cranberry and Blueberry, freshly baked every morning. 1.99

Croissants

Freshly baked during the day. 1.99

Benny on the Run

Fried egg, grilled ham and Hollandaise sauce on a toasted English muffin. 4.49

Breakfast Sandwich

Fried egg, grilled Black Forest ham and aged cheddar cheese on a toasted bagel. 4.49

Omelette Wrap

Two-egg omelette with aged cheddar and Black Forest ham in a grilled whole wheat wrap pressed and ready to go. 4.99

Casa Mia Sides

Grilled Island Sausage – 2.99

Pan Tossed Potato Hash – 2.99

Four Strips Smoked Bacon – 2.99

Whole Wheat Toast – 1.99

Toasted Bagel – 1.99

Toasted English Muffin – 1.99

Side of Seasonal Fruit:

Lg. – 5.99 / Sm. – 2.99

Bowl of Yogurt – 2.99

Sliced Tomatoes – 1.99

Grilled Ham – 2.99

Fries – 2.99

All breakfasts come with whole wheat toast.

Reserve your breakfast meetings with us – you take care of business, we will take care of breakfast.

Casa Mia Café

Island Fresh Sandwiches

Smoked Bacon and Pear

Island double-smoked bacon, pear and havarti cheese with our herb aioli on rosemary focaccia. 11.99. Add chicken 1.99

Gourmet Grilled Cheese

Melted provolone, aged cheddar and havarti on a whole-wheat baguette with our house herb aioli. 10.99

Grilled Vegetable Panini

Roasted red peppers, grilled zucchini, grilled red onions, Italian tomato pesto, avocado spread, havarti cheese on a whole wheat baguette. 10.99
Add chicken 1.99

Montreal Smoked Meat Panini

Smoked meat, red pepper aioli, tomato, aged cheddar on a whole wheat baguette. 11.99

Cuban Panini

Black Forest ham, crispy prosciutto, provolone cheese, tomato and spicy mustard aioli on a whole wheat baguette. 10.99

BLT

Island-smoked bacon, tomato and fresh mesclun mix with herb aioli on freshly-baked croissants. 10.99

Portobello Mushroom Panini

Grilled balsamic marinade, Portobello mushroom, roasted red peppers, spinach and havarti cheese with our herb aioli on rosemary focaccia. 13.99

Casa Mia Club

Chicken, bacon, aged cheddar and tomatoes with herb aioli on a whole-wheat baguette. 11.99

Smoked Salmon Bagel

Smoked salmon with dill cream cheese, finely chopped onions, capers and squeeze of lemon on a toasted whole wheat bagel. 11.99

Grilled Chicken and Apple

Grilled chicken, havarti and apples with our house herb aioli on focaccia bread. 11.99

Grilled Chicken Caesar Wrap

Grilled chicken breast, mesclun mix, smoked bacon, Parmesan cheese with caesar dressing on a whole-wheat wrap. 10.99

Vietnamese Bahn Mi

Grilled chicken, carrot-cucumber slaw and sesame vinaigrette with spinach on a whole-wheat baguette. 11.99

Moroccan Chickpea Wrap

Crispy panko-breaded chickpea patties spiced with curry and cilantro in a whole-wheat wrap with red pepper aioli, tomatoes and mesclun mix. 10.99

Daily Soup and Panini

Match any Panini with our chef's daily special soup creation. Guaranteed that you will love it! 13.99

Other Favourites

Fish & Chips

Three pieces of hand-battered haddock with fries, house tartar sauce and lemon wedges. 14.99

Spanish Pulled Pork Panini

Slow-roasted pulled pork topped with pickled red onion, served with fries. 11.99

Island Top Sirloin Panini

Island top sirloin on a whole-wheat baguette with spicy mustard, grilled red onions, sautéed mushrooms and havarti with fries. 13.99

Casa Mia Seafood Chowder

With Island potatoes, clams, haddock, shrimp, scallops, mussels and corn served with grilled focaccia bread. 12.99

Chef's Daily Creation

Soup of the day. 4.99

All the above sandwiches served with house salad with cherry tomatoes and our very own maple balsamic vinaigrette dressing or our House Black Bean Salad with peppers, onions, sweet corn and lemon.

Corporate catering at your office or ours. Boardroom for 12 people upstairs – book it with us.

Casa Mia Café

Salads

Café Cobb Salad

Grilled chicken, smoked bacon, egg, cherry tomatoes and cucumber on mesculin mix with our creamy herb dressing. 11.99

Grilled Chicken Mango Curry Salad

On mesculin mix with mandarin oranges, toasted almonds and sweet mango curry dressing. 10.99

Mediterranean Chickpea Salad

Chickpeas with lemon vinaigrette, fresh parsley, cherry tomatoes, feta and spinach. 10.99

Grilled Beef Salad

Chimichurri tenderloin skewers with grilled red onion, cucumber, tomatoes and baby greens with our creamy house herb dressing. 11.99

Black Bean Salad

With spinach, black beans, corn, spring onions, green and red peppers and lemon vinaigrette, with feta cheese. 9.99

Kid's Corner

(12 and Under Only)

Mac & Cheese

Homestyle with cheddar cheese and cream. 4.99

Grilled Cheese

With cheddar cheese and whole wheat bread. 4.99

Grilled Chicken Wrap

With chicken breast, cheddar cheese and mesculin mix on a whole wheat wrap. 4.99

Junior Hash

One egg any style with junior Casa Mia hash, Island sausage or bacon and a piece of whole wheat toast. 7.99

Espresso Coffee ~ Beverages ~ Brewed Coffee and Other

Espresso 2.19

Double Espresso 2.49

Cappuccino 3.89

Cafe Latte 3.99

Cafe Mocha 4.19

Macchiato 2.29

Cafe Americano 2.99

Blue Milano Regular Coffee 2.49

French Roast Regular Coffee 2.49

Hot Chocolate 2.99

Smoothies 5.19

Steamers 2.99

Chai Latte 4.19

Mighty Leaf Tea 2.49

Bottled Water 1.89

Soft Drinks 2.39

Fruit Juice 2.39

Perrier 2.99

Fuze 2.99

Iced Latte 4.19

Iced Coffee 2.49

Milkshakes 4.19

Casa Mia Café

Dessert Menu

Colossal New York Cheesecake

Creamy vanilla cheesecake with graham crust, topped with a touch of lemon zest. 6.99

Chocolate Truffle Cake

Dark and white chocolate with layers of marble cake finished with chocolate ganache. 6.99

Chocolate Eruption

A fantasy dessert — a chocolate shell holds a volcano of rich chocolate cream studded with nuts, chocolate chips and turtle cheesecake cubes, finished with sliced almonds and caramel in the centre. 7.99

Pecan Pie

Loaded with pecans and drizzled with caramel in a buttery pastry. 6.99

Cannoli

An Italian favourite and our specialty here at Casa Mia. Chocolate dipped, filled with sweetened vanilla mascarpone cheese. 2.99 each

Strawberry Shortcake

Layers of light sponge cake with strawberries and vanilla whipped cream. 6.99